

Health Insurance  
meets Health **Assurance.**

## A SIMPLE BLOOD TEST COULD SAVE YOUR LIFE!

Did you know that most all chronic and critical diseases can be prevented through early detection of key biomarkers that predict these conditions? It's true, and now these tests are available to you.

**LifeStrive's Direct Access Lab Comprehensive Wellness Profile tests over 50 key biometrics of health including:**

- Lipid panel (cholesterol, HDL, LDL, VLDL, risk ratio, triglycerides)
- Complete Blood Count (WBC, RBC, platelets, MCV, Differential & more),
- Fluids & Electrolytes (Na, Cl, K, CO2)
- Thyroid Panel (T4, T3Uptake, Free Thyroxine Index - T7, TSH)
- Liver Panel (ALT, AST, LDH, Bilirubin, GGT, Alk Phos)
- Protein Status (Total Protein, Albumin, Globulin)
- Kidney Panel (BUN, Creatinine, BUN/Cr Ratio, eGFR)
- Metabolism (Uric Acid)
- Glucose (Diabetes test)
- Mineral and Bone (Ca, PO4)
- Iron

And, when you enroll in Allstate® Workplace Division Group Voluntary Critical Illness Insurance Coverage, you can select to assign the wellness benefit to LifeStrive™ Direct Access Lab and get a comprehensive wellness profile at no additional charge.

Simply assign the wellness benefit in your policy to Direct Access Lab and you will receive a lab requisition form within 48 hours of your coverage becoming effective. Take this form to any one of over 5000 lab locations across the country and have your blood drawn. We will send your confidential results within 72 hours following the screening. **Your results are COMPLETELY CONFIDENTIAL...we do not report them to anyone else but you!**

You will also have the **option** to participate in health promotion programs designed to lower your risk of certain conditions once you review your results.

It's like getting an executive health profile every year, at no additional cost.